

NCI Academy - Oeiras Protocols

Know Before You Go

Updated 28 February 2022

*This is **not** a complete or exhaustive list of all restrictions, but does provide answers to frequently asked questions. Additional information from Portugal as Host Nation can be found [here](#)*

NATO Travel Order

The Academy highly recommends that **students travel with a NATO Travel Order (NTO)** and carry their AMIS cards at all times, if they have one; these documents will verify who you are and justify your essential travel to Portugal should you be questioned by the authorities. An NTO does not exempt anyone from the Portuguese entry testing or vaccination requirements.

Required for Entry to Portugal and the Academy

Entry into Portugal and the Academy requires: a negative RT-PCR test within 72 hours of boarding or a negative Laboratorial Rapid Antigen test within 24 hours of boarding or a valid proof of vaccination or recovery (no less than 14 days from arrival).

Testing While in Oeiras

All staff and students remaining in Portugal for longer than 1 week are encouraged to complete a Rapid Antigen self-test weekly, to be done the day before reporting for duty at the Academy (eg., on Sunday for a return to training on Monday).

For return travel, the Academy facilitates laboratorial testing on premises every Thursday. Payment is an individual responsibility and can be made by cash, card or bank transfer. Cost is 75EUR for RT-PCR and 25EUR for Rapid Antigen. You may book your time-slot on the Sigma Saúde website link [here](#) or through the following QR-CODE:



After choosing the date and time, you will receive a confirmation email that also contains a mandatory form to be filled out. On the day of the appointment, go to our Academy Infirmary (Room -1.01) for your test. The result is sent the same day between 23h00 and 02h00.

Alternative Testing Sites

For students, guest instructors, and visitors to the Academy who cannot or do not wish to make use of the onsite testing service, there are other options that can be arranged by the individual [here](#).

Self-Isolation Planning and Preparation

All students, external instructors, and visitors to the Academy from outside of Portugal need to ensure that they are prepared to self-isolate for up to 14 days, should they contract COVID. Bringing enough personal medication, confirming that accommodation stay can be extended, and having an individual support plan are essential elements to being prepared, should self-isolation be required.