

Host Nation Travel Restrictions Updated 22May, 2021 impacting NCI Academy (Oeiras)

*This is **not** a complete or exhaustive list of all restrictions but provides answers to frequently asked question. Complete information is found [here](#) (in Portuguese).*

Testing Required for Arrival

A negative PCR test conducted within the preceding 72 hours is required in order board a flight to Portugal.

Essential Travel Only - 14 Days Quarantine mandatory

Passengers on flights that originate from nations with an incidence rate of 500 cases per 100,000 inhabitants or more "can only make essential trips" and are also subject to quarantine for 14 days. This includes stop-over and connection flights. Quarantine also applies if arriving to Portugal through the land border.

These nations are: **South Africa, Brazil, Cyprus, India, Lithuania and Sweden.**

NATO Travel Order

The **NCI Academy highly recommends that students do not travel unless they are in possession of a NATO Travel Order (NTO)**. This document will justify your passage in Portugal should you be questioned by the authorities. In addition, students are reminded to also carry their AMIS card, if they have one. This does not exempt from PCR testing or 14 days quarantine mentioned above.

Testing Required for Academy Entry

The Academy requires a negative PCR test conducted within the preceding 72 hours in order to gain entry. The 72 hours includes the Friday, Saturday, or Sunday leading up to a Monday course start.

Testing While in Oeiras for Return Flights

Our staff and students have had a good experience with the Joaquim Chaves Clinics for testing. Be advised that they are very busy right now, so **please make appointments as soon as possible (7-10 days in advance), even before you travel to Oeiras for a course.**

Tests are booked via their website, which is in English and is found [here](#).

The 3 closest locations to the Academy are: JFC Cascais II, JFC Alges, JFC Miraflares.

Payment is usually done when arriving at the facility and signing in.

The Red Cross of Portugal also has PCR testing sites close to the Academy (Costa do Estoril) and airport (Lisboa). Appointments can be booked [here](#).

Please book tests as close to 1600 as possible to maximize time in the classroom. Instructors are aware that students will need to leave early on Wednesday or Thursday to accommodate testing. You can find a list of additional COVID test providers following this [LINK](#).